

Dear Learner

**Organisation name change**

Congratulations on your achievement.

I am writing to inform you that as of 27<sup>th</sup> November 2015 Lifetime Awarding Ltd changed its name and became Innovate Awarding Ltd. This has not affected the unit/qualification you have undertaken and achieved.

If you do have any queries please contact us on:

Email: [contactus@innovateawarding.org](mailto:contactus@innovateawarding.org)

Telephone: +44 (0)117 314 2800

Yours sincerely



Lesley Sharp  
Quality and Operations Manager  
0117 314 2800  
[Lesley.sharp@innovateawarding.org](mailto:Lesley.sharp@innovateawarding.org)



THIS IS TO CERTIFY THAT

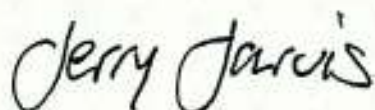
**ALEXANDER WILLIAM JOHN  
LAWRENCE**

HAS BEEN AWARDED THE

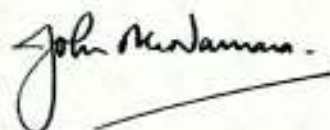
**IAO Level 3 Diploma In Fitness Instructing and  
Personal Training (QCF)**

601/3866/X

The holder has one or more formal Credit Certificates within the  
Qualification Credit Framework by which this qualification was achieved.



Jerry Jarvis  
Chair  
Innovate Awarding



John McNamara  
Managing Director  
Innovate Awarding

## IAO Level 3 Diploma In Fitness Instructing and Personal Training (QCF)

Certificate of Unit Credit

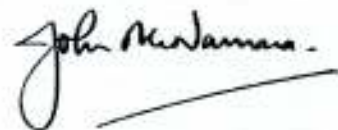
Name: ALEXANDER WILLIAM JOHN LAWRENCE

Learner Number: 105423

Date	Title	Level	Credit Value	Unit Number
08/12/15	Delivering personal training sessions	3	9	J/600/9053
08/12/15	Programming personal training with clients	3	7	F/600/9052
08/12/15	Anatomy and physiology for exercise and health	3	6	A/600/9051
08/12/15	Applying the principles of nutrition to a physical activity programme	3	6	L/600/9054
08/12/15	Instructing gym-based exercise	2	6	A/600/9020
08/12/15	Planning gym-based exercise	2	4	F/600/9018
08/12/15	Principles of exercise, fitness and health	2	4	A/600/9017
08/12/15	Health, safety and welfare in a fitness environment	2	2	T/600/9016
08/12/15	Know how to support clients who take part in exercise and physical activity	2	2	M/600/9015
08/12/15	Anatomy and physiology for exercise	2	6	H/600/9013



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Chair  
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Managing Director  
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